

Warm soup for the soul from Mediterranean Delicacies



When it comes to winter, there is something infinitely nurturing and satisfying about a delicious, hot bowl of soup, helping to ease away the frosty chill while nourishing your soul. Add to this, a spoonful of the taste of home combined with fresh vegetables, and you have the makings of a one dish meal simmering invitingly on top of your stove, courtesy of Mediterranean Delicacies.

Understanding this winter cocooning effect, the food company, well known for using only the finest wholesome fresh ingredients, are proud to introduce their new range of 6 signature soup dishes in a choice of wholesome, ready-to-eat offerings of Fresh Tuscan Baby Zucchini; Sundried Tomato and Basil; Fresh Leek and Potato; Asian Chicken and Noodle; Fresh Vegetable and Roasted Butternut.

“We have a dedicated team who have worked on our new soup creations, headed by our specialty soup chef in order to provide families with a tasty, nutritious soup offering,” says Costas Vayanos, CEO of Mediterranean Delicacies.

Each soup has been tasted and tested at each stage of the creation process, receiving input from food connoisseurs together with the different culinary talented production team members in order to perfect the ideal, mouthwatering flavour.

“Our emphasis is on quality and taste to suit the South African love of fresh, nourishing soups. With this in mind our 6 new creations have been lovingly developed and made available in convenient pre-packaged options,” says Vayanos, who is well-known for his own delicious meals in his unofficial personal capacity as chef, when cooking on the home front.

Delicious on its own or with warm, buttered toast or crispy French loaf or even with a delightful sprinkle of Mediterranean Delicacies Grated Parmesan Style Cheese, each of the soups is available in a 500-gram pack at selected Spar and Food Lover’s Market nationwide.

“Our aim is to provide a soup as a nutritious meal at lunchtime or as a great way to warm up at the end of the day. With a variety of delicious options to suit different tastes, our soups provide a perfect solution for a quick, wholesome and satisfying eating experience,” concludes Vayanos.